



## **Shire Hill Lian Gong Shi Ba Fa Association**

The Complete Therapeutic and Health Care System  
AND

### **Yong Nian Taijiquan (UK)**

A member of the World Yong Nian Taiji Federation



## **Opportunities to Study Taiji, Qi Gong & Lian Gong Shi Ba Fa in Glossop & Tameside.**

### **Monday 1.30—3.00p.m.**

Glossopdale Community College, Hadfield.  
Self-help Taiji /Qi Gong Group with instructor  
attending occasionally.  
£1.00

The Studio, The Old Sawmill, Surrey Street,  
Glossop.

Taiji / Lian Gong/ Qi Gong.  
£4.00—£5.00

### **Monday 1.45— 2.45 p.m.**

Instructor: Kevin McQuaid.  
Forrest Road Sheltered Housing, Haughton  
Green.  
Lian Gong / Chi Kung.  
£1.50

### **Friday 1-2 p.m.**

Instructor: Steve Jackson Turner  
Haughton Green Centre, Mancunian Way,  
Haughton Green.  
Taiji / Lian Gong/ Qi Gong  
£1.50

### **Wednesday 10.00—12.00 a.m**

Instructor: Kevin McQuaid.  
Bradbury Community House, Market Street,  
Glossop.  
Self-help Taiji / Qi Gong group with instructor  
attending every four weeks.  
£1.00

### **Thursday 11:00 a.m. – 12.00 a.m.**

Instructor: Steve Jackson-Turner  
Methodist Church Hall, Two Trees Lane,  
Haughton Green.  
Taiji / Lian Gong / Qi Gong  
£1.50

### **Thursday 5.00—6.30 p.m.**

Instructor: Kevin McQuaid  
Our Lady of Mount Carmel Primary School,  
Holden Street, Ashton Under Lyne.  
Taiji/ Qi Gong/ Lian Gong & Sabre  
£5.00

### **Friday 9:30 a.m.—10:30 a.m.**

Instructor: Steve Jackson Turner

Kevin McQuaid, Chief Instructor,  
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